



Covid-19 Information for attending Healthy Minds

Healthy Minds clients,

We are excited to be OPEN for business for clients who wish to be seen face-to-face.

We continue to uphold our stringent infection control procedures. This includes:

- Maintaining our own personal hygiene to the current high standards including regular hand washing and use of hand sanitiser.
- Increased vigilance on the wiping down and sanitising of surfaces and equipment.
- Removal of magazines, other reading materials and toys from the waiting rooms.
- Advising clients to limit their time spent in the waiting room.
- Staff are even more hypervigilant to remain home from work if feeling at all unwell.
- All clients, staff and psychologists wearing masks.

Up to date information can be found at <https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/coronavirus-covid-19-news-and-media>

Please **RESCHEDULE YOUR APPOINTMENTS** if you are:

- Feeling unwell
- Have a fever
- Coughing
- Experiencing shortness of breath
- Have arrived from any overseas country within the last 2 weeks
- Had contact with anyone suspected of or confirmed as having the COVID-19 virus.

If you are unsure if you should come in **please call our main reception on 9330 0759** or please contact your local GP for further advice or the COVID 19 advice line [1800 020 080](tel:1800020080)

IN THE WAITING ROOM:

Please try to arrive in the waiting room no longer than 2 mins before your appointment time to maintain current social distancing measures. If you would like to wait in your car please inform us and we are happy to call you when your appointment is due to start.

Please use hand sanitiser upon entry and exit of the office.

Adults please wear a face mask (as per government guidelines) at all times.

Maintain good personal hygiene by:

- Covering your coughs and sneezes with your elbow or a tissue
- Disposing of tissues properly

HEAD OFFICE

Niddrie Arcade - Shop 5B
334 Keilor Rd, Niddrie VIC 3042
Victoria Phone (03) 9330 0759
Queensland Phone (07) 4939 8992
Fax (03) 9338 9197
Email info@healthyminds.net.au
www.healthyminds.net.au

VICTORIA

Doncaster - 19 Village Ave, Doncaster VIC 3108
Point Cook - 17 Dunnings Road, Point Cook VIC 3030
Preston - Suite 1/294-296 High Street, Preston VIC 3072
St Albans - Suite 3/332 Main Road East, St Albans VIC 3021
QUEENSLAND
Yeppoon - Suite 2/30 James Street, Yeppoon QLD 4703
Rockhampton - Suite 11/110 Campbell Street, Rockhampton QLD 4700



- Washing your hands often with soap and water, including before and after eating and after going to the toilet
- Using alcohol-based hand sanitisers
- Cleaning and disinfecting surfaces
- If you are sick, avoiding ALL contact with others
- Abiding by social distance guidelines - staying more than 1.5 metres away from people
- Cleaning and sanitising frequently used objects such as mobiles, keys and wallets
- Avoid touching your face
- Wear a face covering when leaving the home.

We will continue to regularly update our clients and provide the same high level of care whilst upholding safety and infection control procedures.

Thank you very much for your cooperation.

Stay Healthy!

HEAD OFFICE

Niddrie Arcade - Shop 5B
334 Keilor Rd, Niddrie VIC 3042
Victoria Phone (03) 9330 0759
Queensland Phone (07) 4939 8992
Fax (03) 9338 9197
Email info@healthyminds.net.au
www.healthyminds.net.au

VICTORIA

Doncaster - 19 Village Ave, Doncaster VIC 3108
Point Cook - 17 Dunnings Road, Point Cook VIC 3030
Preston - Suite 1/294-296 High Street, Preston VIC 3072
St Albans - Suite 3/332 Main Road East, St Albans VIC 3021

QUEENSLAND

Yeppoon - Suite 2/30 James Street, Yeppoon QLD 4703
Rockhampton - Suite 11/110 Campbell Street, Rockhampton QLD 4700